

Priority 1: Reduce the risk of suicide in key high-risk groups					
Objective	Action	Timescale	RAG Status	Monitoring	Stakeholders
1.1 Coordinate a countywide prevention campaign aimed at groups identified at high-risk of suicide	1.1.1 Coordinate a prevention campaign, with partner agencies, targeted at reducing suicide in high-risk groups and raising awareness of local suicide support and prevention services	Summer-Autumn 2023		<ul style="list-style-type: none"> - Suicide prevention campaign - Campaign evaluation - Suicide Indicators 	<ul style="list-style-type: none"> - CCG - NHFT - Public Health Northamptonshire - Service users - SPSG Partners - SPSG Partner Communication Teams
1.2 Deliver a suicide prevention training programme to upskill frontline staff in the early identification of risk factors	1.2.1 Identify appropriate frontline staffing groups and undertake a training needs assessment. Design and deliver a suicide awareness and mitigation training programme using a tiered/stepped approach	Summer 2022-Summer 2024		<ul style="list-style-type: none"> - Staffing groups - Training needs assessment - Training Programme - Delivery Plan 	<ul style="list-style-type: none"> - Identified frontline staffing groups - Northamptonshire Adult Learning - Public Health Northamptonshire
	1.2.2 Explore opportunities to incorporate suicide prevention in staff induction and training programmes of all suicide prevention partners	Summer 2023-Summer 2025		<ul style="list-style-type: none"> - Training data - Training evaluation - Suicide Indicators 	
	1.2.3 Align Suicide Prevention Strategy to NHCP People Plan to develop approaches to system wide training of all staff in Compassion-Focussed/ Trauma-Informed care	April 2023		<ul style="list-style-type: none"> - NHCP People Plan - Pillar Updates - Training Implementation Plan - Staff Feedback 	<ul style="list-style-type: none"> - Integrated Care Board - Health & Wellbeing Boards - NHCP People Plan (authors/ leads) - Population Health Management Programme leads
1.3 Continue to monitor suicide data and intelligence to maintain our understanding of high-risk groups and inform trends and emerging issues	1.3.1 Evaluate the findings from the Coroner's Audits	September 2022		<ul style="list-style-type: none"> - Coroner's audit reports - Mental Health JSNA - RTSS intelligence - RTSS quarterly reports - Safeguarding partnership outcomes - Suicide Indicators 	<ul style="list-style-type: none"> - Coroner's Office - Northamptonshire Police - Northamptonshire Safeguarding Children Partnership - Northamptonshire Safeguarding Adults Board - Public Health Northamptonshire
	1.3.2 Use the findings from the Mental Health JSNA to enhance the understanding of high-risk groups	Winter 2023			
	1.3.3 Evaluate findings from the local Real Time Surveillance System	Ongoing			
	1.3.4 Establish and embed links with local safeguarding partnerships	Summer 2022			
1.4 Explore opportunities to enhance intelligence on local suicide from across the suicide prevention partnership	1.4.1 Work with partners to establish additional sources of data and intelligence	Ongoing		<ul style="list-style-type: none"> - Additional intelligence and data source 	<ul style="list-style-type: none"> - Public Health Northamptonshire - SPSG Partners
	1.4.2 Align Suicide Prevention Strategy with MHLDA Equalities Enabler Group and Population Health Management Programme	Summer 2022		<ul style="list-style-type: none"> - NHCP Population Health Strategy - MHLDA Equalities Toolkit 	<ul style="list-style-type: none"> - MHLDA Equalities Enabler Lead - Population Health Management Programme Leads
	1.5.1 Implement, monitor and evaluate Emotional Coaching Pilot initiative for parents/ carers of children with suicidal ideation	Winter 2022		<ul style="list-style-type: none"> - Project Initiation Documents - Pillar updates - Service level data (access & outcomes) - Evaluation Report 	<ul style="list-style-type: none"> - Healthy Minds Healthy Brains Pillar - NHFT (CAMHS) - NHFT (Suicide Prevention Lead) - Public Health Northamptonshire
1.5 Explore solutions that enhance the development of protective behaviours and suicide prevention	1.5.2 Monitor and evaluate Psychoeducation & Respite pilot for Mental Health carers	Winter 2022		<ul style="list-style-type: none"> - Pillar updates - Service level data (access & outcomes) - Evaluation Report 	<ul style="list-style-type: none"> - MHLDA Population Health & Prevention Pillar - Northamptonshire Carers - Northamptonshire MIND
	1.5.3 Expand IAPT Talking Therapies Service in line with Long-Term Plan ambitions, and implement Long-Term Conditions (Physical Health) pathways into the model	April 2025		<ul style="list-style-type: none"> - Pillar Updates - Service Level Data (access and outcomes) 	<ul style="list-style-type: none"> - MHLDA Outcome Based Pathways Pillar - NHFT (IAPT) - NHFT (Suicide Prevention Lead)

	1.5.4 Strengthen dual needs policy (mental health & substance misuse) via new 'access-to-care' protocols, information sharing agreements, and partnership working models	September 2022		<ul style="list-style-type: none"> - Production of Standard Operating Procedures - Staff feedback - Service user feedback 	<ul style="list-style-type: none"> - MHLDA Outcome Based Pathways Pillar - NHFT (CMHTs) - NHFT (Suicide Prevention Lead)
	1.5.5 Expand Individual Placement & Support services in line with Long-term Plan ambitions to assist with SMI to obtain and maintain employment	April 2024		<ul style="list-style-type: none"> - IPS Expansion Plan - Service Level Data (access & outcomes) 	<ul style="list-style-type: none"> - MHLDA Outcome-Based Pathways Pillar - NHFT (IPS)
	1.5.6 Expand access to Specialist Perinatal Mental Health and Maternity Mental Health service in line with Long-Term Plan ambitions (to 10% of live birth rate). Incorporate assessment & signposting for perinatal partners	April 2023		<ul style="list-style-type: none"> - Perinatal Expansion Plan - Service level data (access & outcomes) - Service user feedback - 'I want great care' feedback 	<ul style="list-style-type: none"> - NHFT (Perinatal Service) - NHFT (Suicide Prevention Lead)
	1.5.7 Investigate viable solutions with partners and providers for future consideration	Ongoing		<ul style="list-style-type: none"> - Suicide Indicators 	<ul style="list-style-type: none"> - Public Health Northamptonshire - SPSG Partners

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Priority 2: Tailor approaches to improve mental health in specific groups					
Objective	Action	Timescale	RAG Status	Monitoring	Stakeholders
2.1 Improve partner and public awareness of local mental health services targeted to identified priority groups	2.1.1 Identify and map Northamptonshire mental health services working with the priority groups identified in the Strategy and pathways.	Autumn 2022-Winter 2023		<ul style="list-style-type: none"> - Service and pathway map - Mental health services campaign - Campaign evaluation - Self-harm and Suicide Indicators 	<ul style="list-style-type: none"> - NHFT - Northamptonshire CCG - Public Health Northamptonshire - Service users - SPSG Partners - SPSG Partner Communication Teams
	2.1.2 Coordinate a communication campaign for mental health services targeted at the priority groups.	Winter 2023			
2.2 Analyse intelligence to improve understanding of local mental health services and service users	2.2.1 Analyse existing sources of data and intelligence and identify issues for future consideration.	Ongoing		<ul style="list-style-type: none"> - Self-harm and Suicide Indicators 	<ul style="list-style-type: none"> - Coroner's Office - Northamptonshire Police - Northamptonshire Safeguarding Children Partnership - Northamptonshire Safeguarding Adults Board - Public Health Northamptonshire - SPSG Partners
	2.2.2 Review outcomes from the Mental Health JSNA for future consideration.	Summer 2023			
	2.2.3 Review findings from the Real Time Surveillance System and Coroners Audits to inform understanding of mental health services and service users.	Ongoing			
	2.2.4 Establish and embed links with local safeguarding partnerships and review findings to inform understanding of mental health.	Ongoing			
	2.2.5 Work with partners from across the suicide prevention partnership to explore opportunities for access to additional sources of data and intelligence to inform analysis of services and service users.	Ongoing			
2.3 Monitor trends in data and intelligence to inform priorities	2.3.1 Analyse existing sources of data and intelligence to inform local groups for prioritisation for mental health improvements and issues for further consideration within this Strategy.	Ongoing		<ul style="list-style-type: none"> - Self-harm and Suicide Indicators 	<ul style="list-style-type: none"> - Public Health Northamptonshire - SPSG Partners
	2.3.2 Work with partners to enhance data and intelligence sources on mental health in specific groups.	Summer 2025			
2.4 Sign up to the Prevention Concordat	2.4.1 Coordinate sign up to the Prevention Concordat.	Summer 2022		<ul style="list-style-type: none"> - Prevention Concordat Application - Prevention Concordat Action Plan 	<ul style="list-style-type: none"> - ICS Partners - Public Health Northamptonshire
	2.4.2 Represent suicide prevention priorities within the Prevention Concordat Action Plan.	Summer 2022-Summer 2023			
2.5 Maintain delivery of the Wave 3 Transformation Programme	2.5.1 Continue delivery of STORM training.	Summer 2023		<ul style="list-style-type: none"> - STORM training - Stay Alive app subscription and usage data - Protect Cards 	<ul style="list-style-type: none"> - NHFT - Northamptonshire CCG - Public Health Northamptonshire - SPSG Partners
	2.5.2 Coordinate subscription to Stay Alive app.	Summer 2023			
	2.5.3 Coordinate production and distribution of Protect Cards through partner channels.	Summer 2023			
2.6 Strengthen and enhance response to people with suicidal ideation/ self-harm across Place-Based Community Mental Health Teams	2.6.1 Enhance & Embed Suicide Prevention Best Practice into delivery models for Place-Based Community Mental Health Teams (aligned to principles of biopsychosocial, personalised, needs-led care & removal of Care Programme Approach)	Winter 2023 – Summer 2024		<ul style="list-style-type: none"> - Delivery Plan - Production of Standard Operating Procedures - Service user feedback 	<ul style="list-style-type: none"> - MHLDA Outcome Based Pathways Pillar - NHFT (CMHTs) - NHFT (Suicide Prevention Lead) - Public Health Northamptonshire
	2.6.2 Strengthen the links between Place-Based Community Mental Health Teams & Crisis Pathway to ensure fluid boundaries and continuity of care for people with suicidal ideation	Winter 2023 – Summer 2024			

	2.6.3 Implement Core 24 (Crisis Response) standards across all acute hospital and community settings, to facilitate compassionate/ responsive models of care & aftercare to all those in crisis	Winter 2023 – Summer 2024		<ul style="list-style-type: none"> - Implementation of Mental Health Ambulance model - Service level data (Core 24 standards) - Service user feedback 	<ul style="list-style-type: none"> - MHLDA Acute & Crisis Care Pillar - NHFT (Crisis Pathway) - NHFT Patient Experience Group - NHFT (Suicide Prevention Lead)
	2.6.4 Align mental health response to the Northamptonshire Care Record to enhance quality and timeliness of care and treatment via digital innovations	Winter 2023 – Summer 2024		<ul style="list-style-type: none"> - Delivery Plan - Staff feedback - Service Level Data 	<ul style="list-style-type: none"> - MHLDA Acute & Crisis Care Pillar - MHLDA Outcome-Based Pathway Pillar - NHCP Digital Strategy Leads
	2.6.5 Design and Propose Community Dialectical Behavioural Therapy Pathway for people with Personality Disorders, aligned to best practice principles for suicidal ideation and self-harm.	Winter 2023 – Summer 2024		<ul style="list-style-type: none"> - Community DBT pathway proposal - Community DBT mobilisation plan - Community DBT EQIA - Risk & Issues log 	<ul style="list-style-type: none"> - MHLDA Acute & Crisis Care Pillar - MHLDA Outcome-Based Pathways Pillar - NHFT (Individual Funding Team) - NHFT (Place-Based CMHTs)
	2.6.6 Review existing provision for service users presenting with suicidal ideation and work with partners to design and implement viable pathways, processes, and protocols.	Winter 2023 – Summer 2024		<ul style="list-style-type: none"> - Pathway review - Updated process and protocols 	<ul style="list-style-type: none"> - CCG - NHFT - Public Health Northamptonshire - Service Users
2.7 Strengthen and enhance response to people with suicidal ideation/ self-harm making transition from CYP to Adult pathways	2.7.1 Accelerate Transition Workstream, including involvement from suicide prevention leads in development of Transitions Strategy.	Winter 2023 – Summer 2024		<ul style="list-style-type: none"> - NHCP Transitions Strategy - Pathway Plan documents - Pillar updates 	<ul style="list-style-type: none"> - Children's Trust - CYP Collaborative Programme - Health & Wellbeing Boards - Integrated Care Board - MHLDA Collaborative Programme - North & West Northants Councils - NHFT
	2.7.2 Expand the model of 16-25's Enhanced Support (wrap around) service and align to the wider transitions workstream in 2022-23.	Winter 2023 – Summer 2024		<ul style="list-style-type: none"> - 16-25's Enhanced Support Model of Care - Pillar Updates - Service level data (access & outcomes) 	<ul style="list-style-type: none"> - Healthy Minds Healthy Brains Pillar - LA Leaving Care Team - MHLDA Outcome-Based Pathways Pillar - NHFT (CAMHS) - Public Health Northamptonshire - Youth Works (ESS Lead provider)
	2.7.3 Align Enhanced Support Service with LA Care Leavers Team to create Community of Practice for young people transitioning from CYP to adult pathways	Winter 2023 – Summer 2024		<ul style="list-style-type: none"> - NHCP Transitions Strategy - Pathway Plan documents - Pillar updates 	<ul style="list-style-type: none"> - CYP Collaborative Programme - Children's Trust - Integrated Care Board - Health & Wellbeing Boards - MHLDA Collaborative Programme - North & West Northants Councils - NHFT - Public Health Northamptonshire
	2.7.4 Review existing provision for service users presenting with suicidal ideation and work with partners to design and implement viable pathways, processes, and protocols.	Winter 2023 – Summer 2024		<ul style="list-style-type: none"> - Pathway review - Updated process and protocols 	<ul style="list-style-type: none"> - CCG - NHFT - Public Health Northamptonshire - Service Users

Priority 3: Reduce access to means of suicide					
Objective	Action	Timescale	RAG Status	Monitoring	Stakeholders
3.1 Work with partners to prevent public places being used for suicide	3.1.1 Work with transport partners and the emergency services to create a Northamptonshire map of priority suicide risk locations and structures.	Autumn 2022		<ul style="list-style-type: none"> - Suicide risk location map - Suicide rates at high-risk locations 	<ul style="list-style-type: none"> - British Transport Police - Coroner's Office - East Midlands Railway - Highways England - KierWSP - Network Rail - Northamptonshire Police - Public Health Northamptonshire
	3.1.2 Work with partners to explore opportunities for mitigation at high-risk locations.	Summer 2025			
3.2 Engage with partners and retailers to influence policy change to reduce access to certain means of suicide	3.2.1 Evaluate data and intelligence to prioritise local means of suicide.	August 2022		<ul style="list-style-type: none"> - Self-harm and Suicide Indicators - Retailer policy and practice 	<ul style="list-style-type: none"> - Local Authority Trading Standards - Northamptonshire retailers - Public Health Northamptonshire
	3.2.2 Engage with partners and local retailers to explore opportunities for changes to existing policies.	June 2025			
3.3 Continue to monitor existing suicide data and intelligence sources to inform emerging methods and local trends	3.3.1 Evaluate the findings from the Coroner's Audits.	Ongoing		<ul style="list-style-type: none"> - Coroner's audits - Real Time Surveillance data - Safeguarding partnership 	<ul style="list-style-type: none"> - Coroner's Office - Northamptonshire Police - Northamptonshire Safeguarding Children Partnership - Northamptonshire Safeguarding Adults Board - Public Health Northamptonshire - SPSG Partners
	3.3.2 Evaluate findings from the local Real Time Surveillance System.	Ongoing			
	3.3.3 Establish and embed links with local safeguarding partnerships.	Ongoing			
	3.3.4 Work with partners to explore opportunities for access to additional sources of data and intelligence to inform analysis of suicide methods.	Ongoing			

Priority 4: Provide better information and support to those bereaved or affected by suicide					
Objective	Action	Timescale	RAG Status	Monitoring	Stakeholders
4.1 Coordinate a campaign to improve partner and public awareness of suicide bereavement services available in Northamptonshire.	4.1.1 Identify and map Northamptonshire suicide bereavement services.	Winter 2023		- Service and pathway map - Suicide bereavement campaign - Bereavement service users - Campaign evaluation	- Public Health Northamptonshire - Service Six - SOBS - SPSG Partner Communication Teams - We Mind and Kelly Matters
	4.1.2 Create and deliver a promotion plan.	Winter 2023-Winter 2024			
4.2 Work with emergency service partners to explore opportunities to better support staff involved with suicide intervention	4.2.1 Engage with emergency service partners and undertake a needs assessment of existing postvention support for staff. Agree adjustments which complement and enhance existing service provision.	Autumn 2022-Autumn 2023		- Emergency Service staff postvention support analysis - Postvention service usage - Postvention service evaluation	- British Transport Police - East Midlands Ambulance Service - Northants Fire and Rescue Service - Northamptonshire Police - Public Health Northamptonshire
4.3 Coordinate a countywide suicide prevention package to support educational establishments	4.3.1 Work with partners to map existing postvention services and carry out a needs assessment and gap analysis on the current position. Use the results of the needs assessment and gap analysis to identify and coordinate essential service and information requirements, to develop a comprehensive package which will provide support to the affected community.	Summer 2022-Autumn 2022		- Education postvention service map - Educational establishment package - Package and service evaluation - Self-harm and Suicide Indicators	- Local Authority Education Teams - NHFT - Northamptonshire CCG - Public Health Northamptonshire - Samaritans - University of Northampton
	4.3.2 Work with partners to maintain the package and look for opportunities to develop and enhance it.	Ongoing			
4.4 Work with commercial organisations to shape postvention support and policy	4.4.1 Engage with relevant commercial organisations, review existing practice and policy, and identify areas requiring development.	Winter 2023		- Policy and protocol - Self-harm and Suicide Indicators	- Commercial organisations - Public Health Northamptonshire - SPSG Partners
4.5 Explore opportunities to develop intelligence and data on bereavement services and those bereaved by suicide from across the suicide prevention partnership	4.5.1 Work with partners to devise a monitoring system to provide intelligence on Wave 3 support bereavement services.	Summer 2022-Summer 2023		- Postvention support data - Additional intelligence and data sources - Self-harm and Suicide Indicators	- Northamptonshire CCG - Public Health Northamptonshire - Service Six - SOBS - SPSG Partners - We Mind and Kelly Matters
	4.5.2 Work with partners to explore further intelligence and data sources.	Summer 2023			
4.6 Embed the local Bereavement Real-Time Referral Pathway	4.6.1 Work with partners to evaluate existing referral pathways for local bereavement services, and devise solutions to develop and embed the pathways across the system.	Summer 2022-Summer 2023		- Referral evaluation - Updated pathways - Communication plan - Self-harm and Suicide Indicators	- Northamptonshire CCG - Public Health Northamptonshire - Service Six - SOBS - SPSG Partners - We Mind and Kelly Matters

Priority 5: Support the media in delivering sensitive approaches to suicide and suicidal behaviour					
Objective	Action	Timescale	RAG Status	Monitoring	Stakeholders
5.1 Develop a local Media Framework to support responsible reporting of suicide	5.1.1 Work with local media organisations to produce a framework that provides guidance on reporting and includes the promotion of prevention and sources of support, to encourage good standard practice and minimise impact on communities.	Autumn 2022-Summer 2023		- Media Framework - Established relationships with media organisations - Evaluation of reporting - Self-harm and Suicide Indicators	- Local media organisations - Public Health Northamptonshire - Samaritans - SPSG Partner Communication Teams
	5.1.2 Develop and sustain good working relationships with local media organisations to support cooperative and transparent working partnerships.	Ongoing			
5.2 Establish a local media monitoring system	5.2.1 Develop a local system to monitor reporting of suicide and self-harm across local, regional, national, and social media channels. Review outcomes and identify recommendations for adjustments to existing practice.	Winter 2022		- Data on monitoring media streams	- Public Health Northamptonshire - Samaritans

Priority 6: Support research, data collection and monitoring					
Objective	Action	Timescale	RAG Status	Monitoring	Stakeholders
6.1 Undertake an audit of Coroners cases to enhance our understanding of the local situation (audit since last audit) Annual audit ongoing	6.1.1 Complete an audit on closed Coroners cases between September 2018 and April 2022. Analyse findings and identify findings and recommendations for future consideration.	June 2022-October 2022		- 2022 Audit report - 2023 Audit report - 2024 Audit report - 2025 Audit report	- Coroner's Office - Public Health Northamptonshire - SPSG Partners - We Mind and Kelly Matters
	6.1.2 Commence an annual audit programme to maintain intelligence.	June 2023 onwards			
6.2 Continue to work with partners to maintain the Northamptonshire Suicide Real Time Surveillance System (RTSS)	6.2.1 Monitor and analyse data from the SRTSS and identify findings and recommendations for future consideration.	Ongoing		- SRTSS quarterly reports	- Coroner's Office - Northamptonshire Police - Public Health Northamptonshire - SPSG Partners
6.3 Develop an escalation protocol for suspected suicide cases	6.3.1 Establish a Suicide Prevention partnership protocol to undertake a timely review relating to suspected suicide cases which require escalation following notification via the RTSS.	Summer 2022		- Escalation protocol - Escalation outcomes	- Co-opted SPSG Partners - NHFT - Northamptonshire CCG - Public Health Northamptonshire
6.4 Support the development of the Mental Health JSNA to inform future actions	6.4.1 Support the development of the Mental Health JSNA and identify recommendations for future consideration within this Strategy.	Winter 2023		- Mental Health JSNA	- Public Health Northamptonshire - SPSG Partners
6.5 Explore opportunities to develop intelligence and data sources from across the suicide prevention partnership	6.5.1 Work with partners to maximise opportunities for access to existing intelligence and data and look for additional opportunities to increase sources utilised	Ongoing		- Accessible data and intelligence	- Public Health Northamptonshire - SPSG Partners

Priority 7: Reducing rates of self-harm as a key indicator of suicide risk					
Objective	Action	Timescale	RAG Status	Monitoring	Stakeholders
7.1 Improve awareness and understanding of services offering support for self-harm in Northamptonshire	7.1.1 Produce a map of current self-harm services and support available in Northamptonshire to enable prioritisation and identify areas for future consideration.	Summer 2022-Summer 2024		- Self-harm service and support map - Data on service users	- Public Health Northamptonshire - Service users - SPSG Partners
7.2 Develop a pilot Self-Harm Real Time Surveillance System (SHRTSS) which will provide an insight into those who self-harm but do not present to primary or secondary care services	7.2.1 Work with identified partners to design a pilot SHRTSS	Summer 2022-Spring 2023		- SHRTSS pilot - SHRTSS evaluation	- Identified SPSG Partners - Northamptonshire CCG - Public Health Northamptonshire - Service users
	7.2.2 Evaluate the pilot with a view to designing and implementing a system wide process.	Spring 2023-Summer 2025			